ALL SUMMER LONG
FREE ADMISSION - GATES OPEN AT 7 PM
MOVIE STARTS APPROXIMATELY
8:30 PM AT SUNSET
SEE PAGE 10 FOR DETAILS

Bring a non-perishable food item for donation
Welcome

A Message From...

ISLIP TOWN SUPERVISOR
ANGIE M. CARPENTER

I am pleased to share this latest issue of Seniors Connect. When the time is appropriate, and we are past this COVID-19 health crisis, do yourself a favor and contact any one of our Senior Centers located throughout the town. This is the place to obtain more information about our activities, including luncheons, bingo, and movies, as well as chat over a cup of coffee with a friend, or make a new one. Our staff will be happy to provide more information about all of these programs, including how to obtain your FREE Senior Citizen Identification Card. In the meantime, we are always only a phone call or email away.

On behalf of my fellow Town Board members, I would like to extend a special “Thank You” to our drivers and senior citizen support staff, who have risen to the occasion in this inconceivable situation, and who have delivered more than 60,000 meals to our seniors since the COVID-19 pandemic forced us to close our senior centers back in mid-March. Our senior citizen support staff continues to make daily telephone calls to our senior population throughout our Town, to ensure that we maintain our connection.

Please take a moment to visit our website at www.islipny.gov for more information about the exciting programs and services Islip offers its residents, and for program updates in the aftermath of COVID-19.

Be sure to sign up for our eAlert program to receive important announcements, including weather and storm-related news and advisories.

Of course, if you have any questions, please don’t hesitate to call (631) 224-5340 and a representative of Islip’s Senior Citizens Office will be happy to offer you assistance.

Warmest Regards,

Angie
Town, County and State Officials Band Together to Prevent the Spread of COVID-19

Islip Supervisor Angie Carpenter joined with Suffolk County Sheriff Errol D. Toulon, Jr.; Senator Phil Boyle and Youth Enrichment Services, CEO MaryAnn Pfeiffer, to distribute masks and hand sanitizer to residents of one local community.

Restaurants Welcome Back Customers with Al Fresco Dining

Outdoor dining reopened with tables spaced 6' apart. More than 50 restaurants in the Town of Islip were granted temporary outdoor dining/tent permits in preparation for the June 10th Phase-Two reopening. Retail businesses opened their doors to limited capacity, as well as hair salons and barbershops, by appointment only.

"It was the collective cooperation of each individual doing their part, that has brought us to this Phase Two reopening," said Islip Supervisor Angie Carpenter. "We have worked so hard together as a Town to get to this point, where we can once again enjoy outdoor dining. We need to remain diligent by continuing to wear face coverings and maintain social distancing, in order to avoid a setback," she said.

Town Receives Coolers for In-Home Senior Meal Delivery

The COVID-19 public health crises dramatically increased the need for home-delivered meals to the senior citizen population in the Town of Islip. Covanta generously donated 24 insulated coolers to the Town, to facilitate the delivery of meals to these recipients.

Town of Islip Brings Senior Fitness to Television

The Town of Islip Division of Senior Citizen Services and Islip Supervisor Angie Carpenter are proud to announce that the Get Fit with Nick exercise program, once offered at Town senior centers, is now available on the Town’s government access television channels.

"We had to close our senior centers due to the COVID-19 pandemic," said Islip Supervisor Angie Carpenter. "Nick’s exercise classes were always well-attended. Staying fit is important for the mind and the body. Now residents will be able to stay fit and healthy while staying safe," said Supervisor Angie Carpenter.

Look for the Get Fit with Nick exercise program on Channel 18 and on Verizon’s Channel 1982.
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*At a glance…*

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Division of Senior Citizens | (631) 224-5340 | www.islipny.gov
Important Notice for Property Owners Age 65 and Over

New STAR requirements

• To receive the Enhanced STAR exemption, you must enroll in the Income Verification Program (IVP). If you’re already enrolled, no action is needed.

• If you qualify for the senior citizens exemption, you will no longer automatically receive the Enhanced STAR exemption. You must apply for Enhanced STAR separately.

For more information or to obtain forms, contact your assessor or visit the New York State Tax Department’s website (search: IVP).

www.tax.ny.gov
About Our Services

Essential Transportation Program
Transportation services are provided for Islip seniors who have no access to private or public transportation and cannot afford private taxi fare. This program provides transportation to our senior centers, medical and healthcare facilities, government services and food shopping within the Town of Islip. Please call two weeks before service is needed. A voluntary contribution of $2.00 is suggested. First-come, first-served. Limited availability. For more information call (631) 224-5686.

Expanded In-Home Services for the Elderly Program (EISEP)
This program provides case management through Suffolk County Office for the Aging and non-medical in-home assistance for persons over 60 years of age who are unable to complete home management tasks. Services may include shopping, laundry and light housekeeping. Persons who are not Medicaid eligible and who need housekeeping services to ensure their health and safety at home may apply. Call Suffolk County Office for the Aging to apply and please be advised that there may be a waiting list for services, (631) 853-8200.

Residential Repair Program
Assistance is provided for small household repairs that the homeowner/renter is not able to manage. The homeowner/renter is responsible for parts and supplies only. Call (631) 224-5424 for more information.

Home Delivered Meal
This service delivers meals, weekly, to seniors who are unable to prepare meals and have no one available to assist them. An in-home evaluation process for participation in this program is necessary. A voluntary contribution of $2.00 per meal is suggested. For further information and/or to put your name on the waiting list, call (631) 595-3510.
About Our Services

Nutrition Programs
There are six nutrition sites located in the Town of Islip: Brentwood, Central Islip, East Islip, Oakdale, Ronkonkoma and West Islip. Transportation to the center may be arranged by center staff. The centers provide a hot nutritious lunch, Monday through Friday. Reservations must be made in advance. A voluntary contribution of $2.00 per meal is suggested. For more information call (631) 595-3510.

Senior I.D. Cards
Senior I.D. cards are available for senior residents 60 years of age and over. The Senior I.D. card is available at the Permit/ID Office located at Brookwood Hall, 50 Irish Lane, East Islip, 8:30 a.m. to 4:45 p.m. Please bring proof of residency and age. You can also obtain a card by mail; just send a copy of your driver’s license or proof of residency and age to the Permit/ID Office, Brookwood Hall, 50 Irish Lane, East Islip, NY 11730. The card will be mailed back to you along with the copy of your driver’s license.

Senior Clubs
There are 16 senior citizen clubs affiliated with the Town of Islip. Clubs meet at various centers and locations throughout the Town of Islip. If you’re interested in making new friends, going on trips, attending monthly meetings, luncheons and parties, call for further information, (631) 224-5340.

Our Programs and Services are partially funded by the Administration for Community Living through the New York State Office for the Aging and the Suffolk County Office for the Aging.
Senior Centers & Nutrition Programs

Find a center near you today...

Senior Centers
The senior centers are a focal point in communities for information, programs and activities for all residents age 60 and older. The six town-wide senior citizen centers are located in Brentwood, Central Islip, East Islip, Oakdale, Ronkonkoma and West Islip. There are activities for all! Whether you are interested in getting fit by participating in our exercise, walking or swim programs or the artist in you is waiting to surface, please consider visiting or calling our centers for further details. Senior citizens are welcome to attend any program at any center. The center locations are as follows:

**Caesar Trunzo Senior Center**
16 Second Avenue
Brentwood, NY 11717
(631) 436-6072

**Joyce Fitzpatrick Senior Center**
50 Irish Lane
East Islip, NY 11730
(631) 224-5396

**Ronkonkoma Senior Center**
299 Rosevale Avenue
Ronkonkoma, NY 11779
(631) 467-3324

**Central Islip Senior Center**
555 Clayton Street
Central Islip, NY 11722
(631) 595-3508

**Oakdale Senior Center**
963 Montauk Highway
Ockers Community Room
Oakdale, NY 11769
(631) 472-7023

**West Islip Senior Center**
90 Higbie Lane
West Islip, NY 11795
(631) 893-8932

Center Meals
Congregate Meals – Lunch is available to eligible Town of Islip Senior Citizens at our six nutrition centers, Monday through Friday. Transportation may be available. Please call for information. Home Delivered Meals – This service delivers frozen meals weekly to those who are unable to prepare meals, have difficulty shopping for food and have no one available to assist them while they are incapacitated or recuperating from an illness or accident. Eligible seniors can receive a total of 5 meals weekly from the Congregate Nutrition Program, the Home Delivered Meal Program or a combination of the two. A voluntary contribution of $2.00 per meal is suggested. Meals will not be denied if no contribution can be made. For more information, please call (631) 595-3510.

Persons with self-declared incomes at or above 185% of the Federal poverty level are encouraged to make a contribution equal to the cost of the meal. All contributions are used to expand the Nutrition Program. Our Programs and Services are partially funded by the Administration for Community Living through the New York State Office for the Aging and the Suffolk County Office for the Aging.
Programas de Nutrición de Ancianos

Municipal de Islip
Departamento de Parques, Recreación y Asuntos Culturales
La División de Asuntos Culturales y Servicios de Ancianos
(631)595-3510

Programas de Nutrición de Ancianos – Programas de nutrición están disponibles para los residentes del municipio de Islip 60 años de edad y mayores. Para aquellas personas que tienen un limitado dominio del inglés (LEP), tenemos un servicio de interpretación disponible, sin costo alguno para los ancianos.

Centros de ancianos/Congrégate programa de comidas – El municipio de Islip tiene seis Centros de Ancianos que sirven como un lugar para programas sociales, culturales y educativos. Los centros ofrecen el programa de comida Congrégate en el que proporcionan una comida caliente y nutritiva. Se aprecia una contribución voluntaria de $2.00 por comida. Reservas para una comida deben hacerse por adelantado con el personal del centro de ancianos. Transporte de puerta a puerta está disponible.

Locales de Nutrición:

**Caesar Trunzo Senior Center**
16 Second Avenue, Brentwood, NY 11717
(631) 436-6072

**Joyce Fitzpatrick Senior Center**
50 Irish Lane, East Islip, NY 11730
(631) 224-5396

**Ronkonkoma Senior Center**
299 Rosevale Ave., Ronkonkoma, NY 11779
(631) 467-3324

**Central Islip Senior Center**
555 Clayton St., Central Islip, NY 11722
(631) 595-3508
(abierta por tiempos limitados)

**Oakdale Senior Center**
963 Montauk Hwy., Ockers Community Room
Oakdale, NY 11769
(631) 472-7023

**West Islip Senior Center**
90 Higbie Ln., West Islip, NY 11795
(631) 893-8932

Programa de comidas a la Casa – Este servicio ofrece cinco comidas congeladas, una vez por semana a la casa del residente. El anciano debe ser incapaz de preparar las comidas y que no haiga nadie disponible para ayudarles. Un anciano que se esté recuperando de una enfermedad o accidente puede colocarse en el programa sobre una base temporal. Los participantes elegibles deben tener la capacidad de calentar la comida en el horno o el microondas. Una evaluación en el hogar es necesaria para determinar la elegibilidad para el programa. Llame al (631) 595-3510, para colocarse en la lista de espera.

Hay una contribución de comida sugerido de $2.00 para el programa de nutrición de ancianos. Todas las contribuciones son voluntarias y anónimas. Nadie se le negará una comida debido a su incapacidad de contribuir. Las personas con rentas autoproclamadas en o por encima del 185% del nivel federal de pobreza son alentadas a hacer una contribución equivalente al coste real de la comida. Todas las contribuciones se utilizan para ampliar el programa.

Nuestros programas y servicios están parcialmente financiados por la Administración para la Vida Comunitaria a través de la Oficina de Envejecimiento del Estado de Nueva York y la Oficina de Envejecimiento del Condado de Suffolk.
### Events

**TOWN OF ISLIP DRIVE-IN MOVIE**

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<td>Westfield Mall, Bay Shore</td>
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<td>Holbrook Country Club, Holbrook</td>
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<td>Byron Lake, Oakdale</td>
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<td>Roberto Clemente, Brentwood</td>
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<td>Broadway Ave Park, Sayville</td>
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For Info
631-224-5430
www.islipny.gov

Angie M. Carpenter, Supervisor
TOWN BOARD
Trish Bergin • John G. Cochrane, Jr. • Mary Kate Mullen • James P. O’Connor
Olga H. Murray, Town Clerk • Alexis Weik, Receiver of Taxes
Thomas Owens, Commissioner of Parks, Recreation and Cultural Affairs

Weather permitting
Movies subject to change

Weather permitting
Movies subject to change

Bring a non-perishable food item for donation

sponsored by
GOOD SAMARITAN HOSPITAL MEDICAL CENTER

Catholic Health Services of Long Island
At the heart of health
You Need To Be Counted!

#LONGISLANDCOUNTS

WHAT IS THE CENSUS?
The U.S. Constitution mandates a Census every 10 years to count every person residing in the country. The Census response period will begin in MARCH 2020 and continues through AUGUST 2020. Your information is protected and WILL NOT be shared with ANY other entity.

THE CENSUS CAN BE COMPLETED
ONLINE  BY PHONE  BY MAIL
Libraries and other community centers are ready to help if you need assistance.

FOR MORE INFO VISIT:  www.suffolkcountyny.gov/Elected-Officials/County-Executive/2020-Census

WE WANT TO ENSURE THAT OUR SENIOR POPULATION HAS ACCESS TO THE SERVICES THEY NEED

CENSUS DOLLARS FUND:

HOSPITALS  MEDICAID  HEALTH CARE CENTERS

SPECIAL PROGRAMS FOR THE AGING INCLUDING NUTRITION SERVICES

And Much More!
If you’re a snowbird, let it be known Long Island’s your home and list your Long Island address on the Census.
How to Wear a Cloth Face Covering
(Source: Center for Disease Control)

Cloth face coverings should-
- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

CDC on Homemade Cloth Face Coverings
CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), especially in areas of significant community-based transmission.

CDC also advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance.

**Should cloth face coverings be washed or otherwise cleaned regularly? How regularly?**
Yes. They should be routinely washed depending on the frequency of use.

**How does one safely sterilize/clean a cloth face covering?**
A washing machine should suffice in properly washing a face covering.

**How does one safely remove a used cloth face covering?**
Individuals should be careful not to touch their eyes, nose, and mouth when removing their face covering and wash hands immediately after removing.
Hey everyone! I hope you are all doing well during this time and staying safe! I thought it would be fun to do a question and answer, so you all could get to know me a little bit better!

How long have you been an instructor?
I have been an NASM (National Academy of Sports Medicine) Certified Personal Trainer, as well as working in the fitness industry for over 10 years.

What do you enjoy most about instructing the seniors?
I love that everyone truly enjoys the exercises and we all have a lot of fun doing the workouts together. We get to laugh, joke around and make working out into a good time! I also love getting to know all of you.

What is the biggest tip you can give to the senior community about exercise? How important is it for their health?
My biggest tip for exercise would be that it is always important to keep your body moving, stay flexible and be mobile! You want your body, muscles and bones to stay strong to support a healthy lifestyle.

One word to describe each center - what would it be?
There are many words but one would be - *hysterical*!

Was this your first time making a fitness video?
Yes it was! I was a little nervous but very excited at the same time. I can’t wait until everyone sees it.

How often should the seniors do your fitness video per week?
2-3 times a week.
Do you have any funny stories from any of the senior centers? I have a funny story for each center.
Ronkonkoma - When we all went for our walk and I didn’t want to admit that I couldn’t keep up with the ladies.
East Islip - On my first day of work, everyone taught me how to play “left, right, center” (with only nickels, of course!!)
West Islip - When I first met Alice and Mickey - enough said!
Brentwood - When Joanne decided to start taking my class with the seniors!
Oakdale - How enthusiastic everyone was when they got rid of the videos and finally had a live teacher to workout with! Also, how the class grew from just a couple of people to over 10!

What would help the seniors decide which video to choose - Beginner or Advanced?
I would say start with Beginner if you are unsure. If it is way too easy for you, move onto Advanced. When the Beginner video no longer becomes a challenge for you, try to move onto the Advanced video.

What are three random facts about me that you might not know?
#1) I may be into fitness but I’m a nerd at heart - I love comics! #2) I volunteer at a cat shelter #3) It is my first time training at a senior center and I didn’t realize how much I would enjoy it!

What do you and the seniors always joke around about?
My little pink dumbbells and how I can never count correctly during our exercises!

What is your favorite food?
Bacon. Bacon is everything.

How long have you been married?
It will be 6 years on June 29th!

I hope you guys enjoyed this little Q&A with Nick, your Fitness Instructor!
Health & Nutrition

Start with MyPlate for Good Health During the Pandemic

Food planning is more important than ever during the pandemic to keep you well and to make sure you have everything you need on hand. The tips below should help you when deciding what to buy and how much.

Check your pantry first In order to limit the number of trips you make to the grocery store, look at what you already have in your freezer/refrigerator and pantry. Check the expiration dates and “best if used by” to help you save money on items you don’t need.

Prepare a shopping list Having a list before you leave the house will be less stressful and keep you focused on what you need. Plan your list to cover you for 2 weeks. Specific varieties may be limited, so keeping items general like “vegetables” may be best.

What are your shopping options? During times of social distancing, delivery, in-store pickup or curbside pickup can be helpful. Many stores offer early shopping hours for older Americans so avoid lines or overcrowding.

How much should I buy? Resist the urge to buy in larger amounts than you can use in 2 weeks. Assess your pantry, refrigerator and freezer space to make sure foods won’t spoil before using them.

What foods should I buy? Purchase a mix of fresh, frozen, and shelf-stable foods. Plan to eat your fresh food first. Stock your freezer and pantry with items you can eat in the second week and thereafter. Smart choices of shelf-stable foods include pastas, rice, legumes, nut butters, and dried and canned goods. Frozen options can include breads, meats, vegetables, fruits, and even milk. Always consider any special diet restrictions to maintain your health.

Visit our website for more information & free programs. www.eatsmartnyli.com.
We are hoping all of you are doing well.
WE MISS YOU all so much. xoxo

**SUDOKO FUN**
Directions: Complete the grid so that every row, column and 3x3 box contains every digit 1 to 9 inclusively.

**BEGINNER**

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**ADVANCED**

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**Travis Stork’s Nutty Berry Smoothie**
as seen on the Rachael Ray Show

½ cup milk or yogurt
1 cup frozen berries
1 small banana
1 cup chopped fresh peaches or other soft fruit
½ tablespoon nut butter (almond, peanut, etc.)

Place all ingredients in a blender.
Blend until smooth. Makes 1 serving.
TRIVIA
1. What is the telephone number at the Caesar Trunzo Senior Center?
2. What is the address of Caesar Trunzo Senior Center?
3. What are the names of the center staff?
4. What is our custodian’s name?
5. What time is our nutrition lunch served?
6. What time does the center open?
7. What time does the center close?
8. How many televisions are in the center?
9. How many clubs meet at our center?
10. How many exit doors does the center have?

beginner answer key

advanced answer key

trivia answer key

1. 631-436-6071 Or 631-436-6072
2. 16 2nd ave BrenTWOOD nY 11717
3. JOanne and TiFFanY
4. rYan
5. 11:30
6. 8:30
7. 4:30
8. 3
9. 5
10. 10
Dianne and I want you to know how much we miss you and can’t wait for all of you to return.

Remember, we are only a phone call away, like always. We love hearing your voices!

Hope you liked all the games we sent. Make sure to bring the games back when we open, we have prizes to reward you. Also, don’t forget to bring a family recipe to the center. We will create a collection of recipes and put Diane’s cooking skills to work.

Let’s share your favorite authors so we have your reading materials in stock.

Favorite Authors:

1. ________________________ 5. ________________________
2. ________________________ 6. ________________________
3. ________________________ 7. ________________________
4. ________________________ 8. ________________________

Please share what you hope to accomplish this summer. Can’t wait to see.
ACROSS
1. What do we look forward to seeing in “Senior Connect”?  
3. Who entertains us with the piano?  
6. Who do we MISS?  
8. Who does our fun exercise?  
9. Who calls Bingo?  
10. Who tells colorful jokes?  
12. What do we bet on?

DOWN
2. Who takes care of Janet and Dianne?  
4. What’s our favorite card game?  
5. What is our Friday event?  
7. What’s our favorite center?  
11. What do we roll for a game?
Hi Everyone,

Hoping you are enjoying the beautiful weather outdoors, 6 feet apart! Missing you and hope to see you soon!

Gina & Sue

GINA’S FAVORITE 
FETTUCCINE ALFREDO SAUCE

6 tbsp. butter
1 ½ c. whipping cream
3 to 4 c. fettuccine noodles, cooked
1 c. shredded parmesan cheese
Salt & Pepper
A dash of nutmeg

Melt butter until lightly browned. Add ½ cup of cream and boil rapidly until large shiny bubbles form. Stir occasionally. Reduce heat to medium and add noodles to the sauce. Pour remaining cream and cheese a little at a time. Add salt, pepper and nutmeg to taste. Serve immediately. Noodles should be kept moist but not to liquid. Makes 4 to 6 servings.

Find the following words in the Word Search on the next page.

OCKERS HOT DOGS DESSERT
WATERMELON SUMMER COFFEE
DJ JOHN WALTERS HAMBURGERS COLESLAW
FRIENDS FUN ICE TEA
PICNIC SODA MACARONI SALAD
DANCING RAFFLE
A NOTE TO OUR SENIORS FROM KATHLEEN AND LESLIE:
We can imagine that this has been a hard time for you. Hopefully, you have remained positive, healthy and strong. Keep in mind this will be over soon, and we will be able to get back to our normal routines. You are all missed very much. We hope these puzzles, recipes, and activities will help keep you busy until we can open the doors to our center, and see your smiling faces again. Please know you can call us at the center Monday through Friday, from 8:30 to 4:30, with any questions or just to talk. The number is 631-467-3324.

3 INGREDIENT PEANUT BUTTER COOKIES
Makes 2 dozen
Preheat oven to 350
1 cup creamy peanut butter
1 cup white sugar
1 egg
Mix all ingredients together with an electric hand mixer until smooth and creamy.
Roll into small 1 ½ inch balls place on baking sheets and press down with a fork making a criss-cross pattern.
Bake in oven for 10 minutes. Cool cookies for 2 minutes on the baking sheet before removing them to a plate.
ACROSS:
4. The color of the walls in our center
5. The staff member who loves to cook
7. Ronkokoma Club President
9. DJ for our parties
11. Thursday exercise instructor

DOWN:
1. The name of our center
2. Put on your Derby Hats!
3. Line Dance Instructor
4. Played every Mon., Wed., and 1st & 3rd Fri.
6. Staff member who loves animals
8. The name of our driver
10. Our Tuesday exercise instructor
Word Search

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BINGO  CLUB  EXERCISE
FRIENDS  HORSE RACING  JOHN WALTERS
KATHLEEN  LESLIE  LINE DANCING
NUTRITION  PARTIES  RONKONKOMA
TOM THE DRIVER  TRIPS
TO OUR WEST ISLIP SENIORS

We hope everyone is doing well and we know this has been hard for you as well as us. We are looking forward to seeing everyone again. In the meantime, please stay strong and call us if you need anything at all. Hang in there, as this too shall pass!!

CHILI
1 large onion
1 Lb. ground beef
1 can kidney beans
1 can diced tomatoes or can tomato sauce
1 tablespoon chili powder
Salt and pepper to taste

Cook onion in a skillet pan. Set aside. Cook ground beef in skillet pan and drain excess grease. Return cooked onions to skillet pan with cooked ground beef. Add kidney beans. Add ½ tablespoon chili powder and taste. Add salt and pepper to taste. Add more chili powder to taste if you like.

EASY CHOCOLATE CHIP COOKIES
1 (18.25 oz.) package yellow cake mix
2 eggs
2 tablespoons vegetable oil
1 (11 oz.) package semisweet chocolate chips

Preheat oven to 350 degrees
Beat cake mix, eggs and vegetable oil in a bowl using an electric mixer on medium until dough is well combined. Stir in chocolate chips. Drop dough by the spoonful onto a baking sheet. Bake in the preheated oven until golden brown. 10-12 minutes.
Summer Word Scramble

1. eusddlp  5. smloobs  9. hnusnies
2. meaulblr  6. dygbaslu  10. wrbaoni
3. elttbryuf  7. edoutis  11. lrweosf
4. aaielctlrpr  8. gshiifn  12. podalte

Complete the Crossword on the next page by filling in the word that fits each clue.

ACROSS
12. Who brings donuts on Wednesday?
13. The game the ladies play with tiles.
14. When you’re sippin’ and spillin’ who do we call?
15. In what room can you find Joe DiMola on Tues., Wed. & Thurs.?
16. BONUS QUESTION: What does it say on the side of a Town of Islip bus?
17. Who cooks our favorite brunch?
18. What is always ringing at the West Islip Senior Center?
19. Who looks the sharpest in the Town of Islip Uniform?
20. If you’re cold in the center what should you always bring?

DOWN
1. Opposite of weak
2. Who collects money for coffee?
3. Who is the queen caller of bingo?
4. What is the least favorite dessert at lunch?
5. What you wear on your hands in winter?
6. What card game do the card players play?
17. What kind of soup helps you get better when you’re sick?
18. Who is our favorite cook at the center?
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Meetings held 2nd and 4th Tuesday of each month

St. John Nepomucene
Locust Avenue, Bohemia
Call Jean at (631) 589-8389

Meetings held Thursdays, 12:00 p.m. - 3:00 p.m.

Oakdale Over 60 Club
Oakdale Senior Center
963 Montauk Highway, Oakdale
Call Cecilia at (631) 589-4365

Meetings held 1st and 3rd Wednesday of each month at 1:00 p.m.
Important Telephone Numbers

The following numbers are to obtain information. Some may refer you to local chapters or affiliates.

Suffolk County Non-Emergency ................................................................. (631) 852-COPS

AARP ........................................................................................................ General Number: 1-888-687-2277
www.aarp.org

HEAP Home Energy Assistance Program ............................................. (631) 853-8326

Town of Islip Housing Authority
Senior Housing and Subsidized Housing for Seniors ....................... (631) 589-7100

MEDICAID ................................................................................................. For eligibility information call: (631) 853-8730

MEDICARE ................................................................................................. General Number: 1-800-633-4227
www.medicare.gov

SCAT Suffolk County Accessible Transportation for Disabled .......... (631) 853-8333
or (631) 853-8337

SNAP (formerly known as Food Stamps)
Social Services Smithtown Center ......................................................... (631) 853-8714
www.suffolkcountyny.gov or www.mybenefits.ny.gov

Social Security ............................................................................................ 1-800-772-1213
www.socialsecurity.gov

Suffolk County Office for the Aging ......................................................... General Number: (631) 853-8200

Suffolk County Veterans Service Agency
Hauppauge Office at 100 Veterans Memorial Highway ....................... (631) 853-VETS
Riverhead Office at 300 Center Drive ....................................................... (631) 852-1410

VIBS 24-hour Hotline ................................................................................. 631-360-3606
www.vibs.org

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- Fractures/multiple trauma
- Comfort and Palliative care
- Pain Management

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